

MONDAY

5.30 PM

6.45 PM

INTERMEDIATE HULA SERIES with Kumu Leialoha

Ilae-Kaleimamahu \$150 per month / No drop ins Location: Blue Moon Room

TUESDAY





8.30 AM SLOW FLOW 6-0 YOGA

9.45 AM with Jared

> \$10 - \$20 Sliding scale Location: Blue Moon Room



GARDEN CLUB

with Allegra Free / Donations welcome Location: Gardens



7 PM

IMPROV COMEDY SERIES

with Keli \$20 per person

Location: Blue Moon Room

WEDNESDAY





10 AM **BUDDHI YOGA** 11.30 AM

with Lilv

\$10 - \$20 Sliding scale Location: Blue Moon Room





9 AM **ROOTS OF YOGA**

10.15 AM with Marcia

\$10 - \$20 sliding scale

Location: Blue Moon Room

1 PM 2.30 PM AKASHIC RECORDS CIRCLE

with Sharon & Stephen \$10 - \$20 Sliding scale

Location: Blue Moon Room



5.30 PM INTERMEDIATE HULA SERIES 6.45 PM

with Kumu Leialoha Ilae-Kaleimamahu

\$150 per month / No drop ins Location: Blue Moon Room

4 PM 6 PM

7 PM

LAUHALA WEAVING with Roy

Ages 10+ welcome

\$15 - \$20 Sliding scale Location: Hale Aloha

5.30 PM PARTNER ACRO

> with Lilia & Wayne \$15 per person

Location: Blue Moon Room

FRIDAY





10 AM 11 AM DYNAMIC POWER VINYASA

with Kumsa \$10 - \$20 Sliding scale

Location: Blue Moon Room



11.30 AM BUDDHI YOGA

1 PM with Hailey

\$15 - \$30 Sliding scale Location: Blue Moon Room

SATURDAY





5 PM

3.30 PM AURA BREATH GRID ACTIVATION

with Baba Rave & Tribe \$11 - \$33 Sliding scale Location: Blue Moon Room **SUNDAY**

10 AM



YOGA AND WARM UP

11 AM with Movement Church

OPENING CIRCLE 11 AM

11.15 AM with Varying Facilitators

11.15 AM ECSTATIC DANCE 1.30 PM with Live DJ Every Week

1.30 PM **CLOSING CIRCLE**

1:45 PM with Varying Facilitators \$20 for Yoga and Ecstatic Dance

> \$15 for Ecstatic Dance Only Payment Accepted at Hale Aloha Location: Blue Moon Room

LEGEND



TYPES OF CLASSES



MOVEMENT AND MINDFULLNESS



GARDENS



RECREATION OR SKILL SHARE

STUDIO LOCATIONS

BLUE MOON ROOM

GARDENS

HALE ALOHA

OCEAN VISTA 25 STUDIO