

MONDAY



11.30 AM **DYNAMIC POWER VINAYASA**
12.30 PM with Kumsa
\$10 - \$20 Sliding scale
Location: Blue Moon Room



5.30 PM **INTERMEDIATE HULA SERIES**
6.45 PM with Kumu Leialoha
Ilae-Kaleimamahu
\$150 per month / No drop ins
Location: Blue Moon Room

TUESDAY



8.30 AM **SLOW FLOW 6-0 YOGA**
9.45 AM with Jared
\$10 - \$20 Sliding scale
Location: Blue Moon Room



9 AM **GARDEN CLUB**
11 AM with Allegra
Free / Donations welcome
Location: Gardens

WEDNESDAY



1 PM **AKASHIC RECORDS CIRCLE**
2.30 PM with Sharon & Stephen
\$10 - \$20 Sliding scale
Location: Blue Moon Room



5.30 PM **INTERMEDIATE HULA SERIES**
6.45 PM with Kumu Leialoha
Ilae-Kaleimamahu
\$150 per month / No drop ins
Location: Blue Moon Room

THURSDAY



9 AM **ROOTS OF YOGA**
10.15 AM with Marcia
\$10 - \$20 sliding scale
Location: Blue Moon Room



6 PM **HOALOHA CACAO DANCE WITH MOSE**
10 PM \$40 for Advance Tickets
\$50 for Door Tickets
Tickets available at kalani.com/calendar
Location: Blue Moon Room

FRIDAY



11.30 AM **BUDDHI YOGA**
1 PM with Hailey
\$15 - \$30 Sliding scale
Location: Blue Moon Room

SATURDAY



3.30 PM **AURA BREATH GRID ACTIVATION**
5 PM with Baba Rave & Tribe
\$11 - \$33 Sliding scale
Location: Blue Moon Room

SUNDAY



10 AM **YOGA AND WARM UP**
11 AM with Movement Church
11 AM **OPENING CIRCLE**
11.15 AM with Varying Facilitators
11.15 AM **ECSTATIC DANCE**
1.30 PM with Live DJ Every Week
1.30 PM **CLOSING CIRCLE**
1:45 PM with Varying Facilitators
\$20 for Yoga and Ecstatic Dance
\$15 for Ecstatic Dance Only
Payment Accepted at Hale Aloha
Location: Blue Moon Room

LEGEND

TYPES OF CLASSES



MOVEMENT AND MINDFULLNESS



GARDENS



RECREATION OR SKILL SHARE

STUDIO LOCATIONS

BLUE MOON ROOM

GARDENS

HALE ALOHA

OCEAN VISTA 25 STUDIO