

MONDAY



5.30 PM INTERMEDIATE HULA SERIES
6.45 PM with Kumu Leialoha
Ilae-Kaleimamahu
\$150 per month / No drop ins
Location: Blue Moon Room

TUESDAY



8.30 AM SLOW FLOW 6-0 YOGA
9.45 AM with Jared
\$10 - \$20 Sliding scale
Location: Blue Moon Room



9 AM GARDEN CLUB
11 AM with Allegra
Free / Donations welcome
Location: Gardens

WEDNESDAY



10 AM BUDDHI YOGA
11.30 AM with Lily
\$10 - \$20 Sliding scale
Location: Blue Moon Room



1 PM AKASHIC RECORDS CIRCLE
2.30 PM with Sharon & Stephen
\$10 - \$20 Sliding scale
Location: Blue Moon Room



5.30 PM INTERMEDIATE HULA SERIES
6.45 PM with Kumu Leialoha
Ilae-Kaleimamahu
\$150 per month / No drop ins
Location: Blue Moon Room

THURSDAY



9 AM ROOTS OF YOGA
10.15 AM with Marcia
\$10 - \$20 sliding scale
Location: Blue Moon Room



5.30 PM PARTNER ACRO
7 PM with Lilia & Wayne
\$15 per person
Location: Blue Moon Room

FRIDAY



10 AM DYNAMIC POWER VINYASA
11 AM with Kumsa
\$10 - \$20 Sliding scale
Location: Blue Moon Room



11.30 AM BUDDHI YOGA
1 PM with Hailey
\$15 - \$30 Sliding scale
Location: Blue Moon Room

SATURDAY



9.15 AM SEATED MEDITATION
9.45 AM with LiLi
\$5 Suggested donation
Location: Blue Moon Room



10 AM CORE VINYASA
11.15 AM with LiLi
\$10 - \$20 Sliding scale
Location: Blue Moon Room



11.30 AM SEVA SERVICE
12.40 PM with Reo
Pay what you can, from the heart
Location: Blue Moon Room

SUNDAY



10 AM YOGA AND WARM UP
11 AM with Movement Church
11 AM **OPENING CIRCLE**
11.15 AM with Varying Facilitators

11.15 AM **ECSTATIC DANCE**
1.30 PM with Live DJ Every Week
1.30 PM **CLOSING CIRCLE**
1:45 PM with Varying Facilitators
\$20 for Yoga and Ecstatic Dance

\$15 for Ecstatic Dance Only
Payment Accepted at Hale Aloha
Location: Blue Moon Room

LEGEND

TYPES OF CLASSES



MOVEMENT AND MINDFULNESS



GARDENS



RECREATION OR SKILL SHARE

STUDIO LOCATIONS

BLUE MOON ROOM

GARDENS

HALE ALOHA

OCEAN VISTA 25 STUDIO