## Week of July 28th - August 3rd

MONDAY

6.45 PM

**FRIDAY** 

-6220

5.30 PM INTERMEDIATE HULA

with Kumu Leialoha

Ilae-Kaleimamahu

Registration required / No drop ins

Location: Blue Moon Room

## ALANI BIG ISI

BIG ISLAND RETREAT CENTER								
TUESDAY		wednesday			THURSDAY			
)	9.45 AM w \$	LOW FLOW 6-0 YOGA rith Jared 10 - \$20 Sliding scale ocation: Blue Moon Room	٩	10 AM 11.30 AM	BUDDHI YOGA with Lily \$10 - \$20 Sliding scale Location: Blue Moon Room	۲	9 AM 10.15 AM	ROOTS OF YOGA with Marcia \$10 - \$20 sliding scale Location: Blue Moon Room
)	12.30 PM w	EGINNER HULA SERIES rith Kumu Leialoha ae-Kaleimamahu egistration required / No drop ins	۲	5.30 PM 6.45 PM	INTERMEDIATE HULA with Kumu Leialoha Ilae-Kaleimamahu Registration required / No drop ins	۲	11.30 AM 12.30 PM	BEGINNER HULA SERIES with Kumu Leialoha Ilae-Kaleimamahu Registration required / No drop ins

## Location: Blue Moon Room Location: Blue Moon Room 9.30 AM GARDEN CLUB with Rebekah Free / Donations welcome Location: Gardens 3.15 PM BRAZILIAN JIU JITSU with Jack & Caleb \$20 per person Location: Blue Moon Room

## 5.30 PM BLUE MOON DREAMING: YOGA 7 PM

5

11 AM

5 PM

NIDRA & SOUND HEALING with Kelly C. with Kirt & Laura of Creative Frequencies \$10 - \$20 Sliding scale Location: Blue Moon Room



4 PM

7 PM

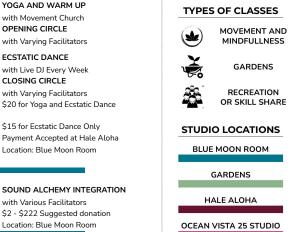
\$20 for Yoga and Ecstatic Dance

Payment Accepted at Hale Aloha

\$15 for Ecstatic Dance Only

Location: Blue Moon Room

with Various Facilitators \$2 - \$222 Suggested donation Location: Blue Moon Room



2025

Location: Blue Moon Room

Location: Blue Moon Room

PARTNER ACRO

\$15 per person

with Lilia & Wavne

5.30 PM

7 PM