


MONDAY

TUESDAY

WEDNESDAY


THURSDAY



8.30 AM

9.45 AM

SLOW FLOW 6-0 YOGA
with Jared
\$10 - \$20 Sliding scale
Location: Blue Moon Room



9.30 AM

11 AM


GARDEN CLUB
with Rebekah
Free / Donations welcome
Location: Gardens



11.30 AM

12.30 PM


BEGINNER HULA SERIES
with Kumu Leialoha
Ilae-Kaleimamahu
Registration required / No drop ins
Location: Blue Moon Room



2 PM

3.30 PM

BRAZILIAN JIU JITSU: ADULTS
with Jack & Caleb
\$20 per person
Location: Blue Moon Room



3.30 PM

5 PM


BRAZILIAN JIU JITSU: KIDS
with Jack & Caleb
\$20 per person
Location: Blue Moon Room



5 PM

6.30 PM


HĀLAU HULA
with Kumu Leialoha
Ilae-Kaleimamahu
Registration required / No drop ins
Location: Blue Moon Room



10 AM

11.30 AM


BUDDHI YOGA
with Lily
\$10 - \$20 Sliding scale
Location: Blue Moon Room



5 PM

6 PM


BLUE MOON DREAMING: SOUND HEALING
with Kirt & Laura of Creative Frequencies
\$10 - \$20 Sliding scale
Location: Blue Moon Room



9 AM

10.15 AM


ROOTS OF YOGA
with Marcia
\$10 - \$20 sliding scale
Location: Blue Moon Room



11.30 AM

12.30 PM

BEGINNER HULA SERIES
with Kumu Leialoha
Ilae-Kaleimamahu
Registration required / No drop ins
Location: Blue Moon Room



5 PM


6.30 PM

HĀLAU HULA
with Kumu Leialoha
Ilae-Kaleimamahu
Registration required / No drop ins
Location: Blue Moon Room

FRIDAY

SATURDAY


SUNDAY



3.15 PM

4.15 PM


SACRED SISTER YOGA
with LiLi
\$10 - \$20 Sliding scale
Location: Blue Moon Room



4.30 PM

5 PM


CRYSTAL SOUND BATH
with LiLi
\$5 - \$15 Sliding scale
Location: Blue Moon Room



6.45 PM

8 PM


PARTNER ACRO
with Lilia & Wayne
\$15 per person
Location: Blue Moon Room



9.30 AM

10.30 PM

BEGINNER BODHISATTVA MEDITATION
with Paolo
Donations welcome
Location: Blue Moon Room



10 AM

11 AM

YOGA AND WARM UP
with Movement Church

11 AM

11.15 AM

OPENING CIRCLE
with Varying Facilitators

11.15 AM


1.30 PM

ECSTATIC DANCE
with Live DJ Every Week

1.30 PM

2 PM

CLOSING CIRCLE
with Varying Facilitators
\$20 for Yoga and Ecstatic Dance
\$15 for Ecstatic Dance Only
Payment Accepted at Hale Aloha
Location: Blue Moon Room



4 PM

7 PM

SOUND ALCHEMY INTEGRATION
with Various Facilitators
\$2 - \$222 Suggested donation
Location: Blue Moon Room

LEGEND

TYPES OF CLASSES

- 

MOVEMENT AND MINDFULNESS
- 

GARDENS
- 

RECREATION OR SKILL SHARE

STUDIO LOCATIONS

- BLUE MOON ROOM
- GARDENS
- HALE ALOHA
- OCEAN VISTA 25 STUDIO