

MONDAY



3 РМ 5 PM

NERVOUS SYSTEM RESET

with Baba Rave Donations welcome Location: Blue Moon Room



5.15 PM

TEA CEREMONY

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with Olha Amanita \$10 - \$20 Sliding scale Location: Blue Moon Room

TUESDAY





8.30 AM SLOW FLOW 6-0 YOGA

9.45 AM with Jared \$10 - \$20 Sliding scale Location: Blue Moon Room



11 AM

9.30 AM GARDEN CLUB

with Rebekah Free / Donations welcome Location: Gardens



11.15 AM BEGINNER HULA SERIES

12.15 PM with Kumu Leialoha Ilae-Kaleimamahu Registration required / No drop ins Location: Blue Moon Room



2 PM 3.30 PM

BRAZILIAN JIU JITSU: ADULTS

with Jack & Caleb \$20 per person Location: Blue Moon Room



3.30 PM

BRAZILIAN JIU JITSU: KIDS

with Jack & Caleb \$20 per person Location: Blue Moon Room



5 PM 6.30 PM HĀLAU HULA

with Kumu Leialoha Ilae-Kaleimamahu Registration required / No drop ins Location: Blue Moon Room

WEDNESDAY



10 AM **BUDDHI YOGA**

11.30 AM with Lily \$10 - \$20 Sliding scale Location: Blue Moon Room

THURSDAY

-62



9 AM 10.15 AM with Marcia

ROOTS OF YOGA

\$10 - \$20 sliding scale Location: Blue Moon Room



11.15 AM BEGINNER HULA SERIES

12.15 PM with Kumu Leialoha Ilae-Kaleimamahu Registration required / No drop ins Location: Blue Moon Room



3 PM 4.30 PM HOLISTIC MOVEMENT

with Olha Amanita \$10 - \$20 Sliding scale Location: Blue Moon Room



5 PM 6.30 PM HĀLAU HULA

with Kumu Leialoha Ilae-Kaleimamahu Registration required / No drop ins Location: Blue Moon Room

FRIDAY



6.45 PM

8 PM

PARTNER ACRO

with Lilia & Wayne \$15 per person Location: Blue Moon Room

SATURDAY .62¥60



9.30 AM BEGINNER BODHISATTVA 10.30 AM MEDITATION

with Paolo Donations welcome

Location: Blue Moon Room

SUNDAY



10 AM 11 AM YOGA AND WARM UP

with Movement Church

11 AM

OPENING CIRCLE

11.15 AM with Varying Facilitators 11.15 AM ECSTATIC DANCE

1.30 PM 1.30 PM 2 PM

with Live DJ Every Week **CLOSING CIRCLE**

with Varying Facilitators \$20 for Yoga and Ecstatic Dance

\$15 for Ecstatic Dance Only Payment Accepted at Hale Aloha Location: Blue Moon Room



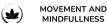
SOUND ALCHEMY INTEGRATION

with Various Facilitators \$2 - \$222 Suggested donation Location: Blue Moon Room

LEGEND



TYPES OF CLASSES









OR SKILL SHARE

STUDIO LOCATIONS

BLUE MOON ROOM

GARDENS

HALE ALOHA

OCEAN VISTA 25 STUDIO