

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

LEGEND

TYPES OF CLASSES

-  MOVEMENT AND MINDFULNESS
-  GARDENS
-  RECREATION OR SKILL SHARE

STUDIO LOCATIONS

-  BLUE MOON ROOM
-  GARDENS
-  HALE ALOHA
-  OCEAN VISTA 25 STUDIO

 8.30 AM **SLOW FLOW 6-0 YOGA**
9.45 AM with Jared
\$10 - \$20 Sliding scale
Location: Blue Moon Room

 3.30 PM **BRAZILIAN JIU JITSU: KIDS**
5 PM with Jack & Caleb
\$20 per person
Location: Blue Moon Room

 4 PM **GARDEN CLUB**
5.30 PM with Rebekah
Free / Donations welcome
Location: Gardens

 5 PM **BRAZILIAN JIU JITSU: ADULTS**
6.30 PM with Jack & Caleb
\$20 per person
Location: Blue Moon Room

 4 PM **BALLROOM DANCING**
5 PM with Kai
\$15 - \$30 Sliding scale
Location: Blue Moon Room

 9 AM **ROOTS OF YOGA**
10.15 AM with Marcia
\$10 - \$20 sliding scale
Location: Blue Moon Room

 3 PM **HOLISTIC MOVEMENT**
4.30 PM with Olha Amanita
\$10 - \$20 Sliding scale
Location: Blue Moon Room

 9 AM **GUIDED DANCE**
10.30 AM with Sage
\$10 per person / Donations welcome
Location: Blue Moon Room

 9.30 AM **BODHISATTVA MEDITATION**
10.30 AM with Karma
Donations welcome
Location: Blue Moon Room

 10 AM **YOGA AND WARM UP**
11 AM with Movement Church

11 AM **OPENING CIRCLE**
11.15 AM with Varying Facilitators

11.15 AM **ECSTATIC DANCE**
1.30 PM with Live DJ Every Week

1.30 PM **CLOSING CIRCLE**
2 PM with Varying Facilitators
\$20 for Yoga and Ecstatic Dance

\$15 for Ecstatic Dance Only
Payment Accepted at Hale Aloha
Location: Blue Moon Room

 6.45 PM **PARTNER ACRO**
8 PM with Lilia & Wayne
\$15 per person
Location: Blue Moon Room

 1 PM **FLOW ARTS**
2 PM with Marcus
\$15 - \$20 Sliding scale
Location: Blue Moon Room

 4 PM **SOUND ALCHEMY INTEGRATION**
7 PM with Various Facilitators
\$2 - \$222 Suggested donation
Location: Blue Moon Room

 5.30 PM **DESERT DWELLERS**
9.30 PM **SPRING EQUINOX PORTAL**
General Admission \$36
Day of Admission \$40
Free Parking for cars with 3 people+
Parking \$5 for two people per car
Parking \$10 for solo drivers
Location: Blue Moon Room