

MONDAY



10 AM HE'E ASHTANGA YOGA
 11.30 AM with Paul
 \$10 - \$20 Sliding scale
 Location: Blue Moon Room

TUESDAY



8.30 AM SLOW FLOW 6-0 YOGA
 9.45 AM with Jared
 \$10 - \$20 Sliding scale
 Location: Blue Moon Room



11.30 AM HĀLAU HULA
 1 PM with Kumu Leialoha
 Ilae-Kaleimamahu
 Registration required / No drop ins
 Location: Blue Moon Room



1.30 PM BEGINNER HULA SERIES
 2.30 PM with Kumu Leialoha
 Ilae-Kaleimamahu
 Registration required / No drop ins
 Location: Blue Moon Room



3.30 PM BRAZILIAN JIU JITSU: KIDS
 5 PM with Jack & Caleb
 \$20 per person
 Location: Blue Moon Room



4 PM GARDEN CLUB
 5.30 PM with Rebekah
 Free / Donations welcome
 Location: Gardens



5 PM BRAZILIAN JIU JITSU: ADULTS
 6.30 PM with Jack & Caleb
 \$20 per person
 Location: Blue Moon Room

WEDNESDAY



4 PM BALLROOM DANCING
 5 PM with Kai
 \$15 - \$30 Sliding scale
 Location: Blue Moon Room

THURSDAY



9 AM ROOTS OF YOGA
 10.15 AM with Marcia
 \$10 - \$20 sliding scale
 Location: Blue Moon Room



11.30 AM HĀLAU HULA
 1 PM with Kumu Leialoha
 Ilae-Kaleimamahu
 Registration required / No drop ins
 Location: Blue Moon Room



1.30 PM BEGINNER HULA SERIES
 2.30 PM with Kumu Leialoha
 Ilae-Kaleimamahu
 Registration required / No drop ins
 Location: Blue Moon Room



3 PM HOLISTIC MOVEMENT
 4.30 PM with Olha Amanita
 \$10 - \$20 Sliding scale
 Location: Blue Moon Room

FRIDAY



9 AM FOUNDATIONS OF DANCE
 10.30 AM with Sage
 \$10 per person / Donations welcome
 Location: Blue Moon Room



11 AM YOGA
 12.15 PM with Serenity
 \$10 - \$20 Sliding scale
 Location: Blue Moon Room



12.30 PM PEACE IS EVERY STEP (SERIES)
 1.30 PM with Serenity
 \$10 - \$20 Sliding scale
 Location: Blue Moon Room



6.45 PM PARTNER ACRO
 8 PM with Lilia & Wayne
 \$15 per person
 Location: Blue Moon Room

SATURDAY



9.30 AM BODHISATTVA MEDITATION
 10.30 AM with Karma
 Donations welcome
 Location: Blue Moon Room



1 PM FLOW ARTS
 2 PM with Marcus
 \$15 - \$20 Sliding scale
 Location: Blue Moon Room

SUNDAY



10 AM YOGA AND WARM UP
 11 AM with Movement Church

11 AM OPENING CIRCLE
 11.15 AM with Varying Facilitators

11.15 AM ECSTATIC DANCE
 1.30 PM with Live DJ Every Week

1.30 PM CLOSING CIRCLE
 2 PM with Varying Facilitators
 \$20 for Yoga and Ecstatic Dance

\$15 for Ecstatic Dance Only
 Payment Accepted at Hale Aloha
 Location: Blue Moon Room



4 PM SOUND ALCHEMY INTEGRATION
 7 PM with Various Facilitators
 \$2 - \$222 Suggested donation
 Location: Blue Moon Room

LEGEND

TYPES OF CLASSES

MOVEMENT AND MINDFULNESS

GARDENS

RECREATION OR SKILL SHARE

STUDIO LOCATIONS

BLUE MOON ROOM

GARDENS

HALE ALOHA

OCEAN VISTA 25 STUDIO