Week of June 29th - July 5th

KALANI

2026

MONDAY

TUESDAY

8.30 AM – 9.45 AM **SLOW FLOW 6-0 YOGA**
with Jared
$10 - $20 Sliding scale
Location: Blue Moon Room

3.30 PM – 5 PM **BRAZILIAN JIU JITSU: KIDS**
with Jack & Caleb
$20 per person
Location: Blue Moon Room

4 PM – 5.30 PM **GARDEN CLUB**
with Rebekah
Free / Donations welcome
Location: Gardens

5 PM – 6.30 PM **BRAZILIAN JIU JITSU: ADULTS**
with Jack & Caleb
$20 per person
Location: Blue Moon Room

WEDNESDAY

5.15 PM – 7 PM **HEART CIRCLE**
with Robear & Lisa
Free / Donations welcome
Location: Blue Moon Room

THURSDAY

9 AM – 10.15 AM **ROOTS OF YOGA**
with Marcia
$10 - $20 sliding scale
Location: Blue Moon Room

3 PM – 4.30 PM **HOLISTIC MOVEMENT**
with Olha Amanita
$10 - $20 Sliding scale
Location: Blue Moon Room

FRIDAY

6.45 PM – 8 PM **PARTNER ACRO**
with Lilia & Wayne
$15 per person
Location: Blue Moon Room

SATURDAY

SUNDAY

10 AM – 11 AM **YOGA AND WARM UP**
with Movement Church

11 AM – 11.15 AM **OPENING CIRCLE**
with Varying Facilitators

11.15 AM – 1.30 PM **ECSTATIC DANCE**
with Live DJ Every Week

1.30 PM – 2 PM **CLOSING CIRCLE**
with Varying Facilitators
$20 for Yoga and Ecstatic Dance

$15 for Ecstatic Dance Only
Payment Accepted at Hale Aloha
Location: Blue Moon Room

LEGEND

TYPES OF CLASSES

- MOVEMENT AND MINDFULLNESS
- GARDENS
- RECREATION OR SKILL SHARE

STUDIO LOCATIONS

- BLUE MOON ROOM
- GARDENS
- HALE ALOHA
- OCEAN VISTA 25 STUDIO